

# TECH CONNECT TIPS

## Putting a Stop to Online Meanness (Digital Drama)

The internet is filled with all kinds of interesting people, but sometimes, some of them can be mean to each other. Help your child understand why it's often easier to be mean online than in person, and how to deal with online meanness when they see it.

Teach your child this simple acronym:

*If you are ever bullied, remember **S.T.O.P.** :*

**S: Stand** up to the bully and use your words to tell him to STOP hurting you.

**T: Take** appropriate action to get away from the bully, walk or run, if need be, or get an adult.

**O: Open** up to a trusted adult in your life, like your parents, a teacher or mentor.

**P: Protect** yourself from bullies.

